

ONE YEAR AGO TODAY

## How Alan Kurdi changed Canada's conscience

metroNEWS



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# Ottawa metro

Your essential daily news | WEEKEND, SEPTEMBER 2-5, 2016

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## 'ENOUGH IS ENOUGH'



HALEY RITCHIE/METRO

**City mourns cyclist who was fatally struck on Thursday**

metroNEWS

## Mid-sidewalk hydrant called 'design error'

BOOTH STREET

**Pedestrian oversight 'very encouraging,' councillor says**

  
**Emma Jackson**  
Metro | Ottawa

Poor Booth Street.

The brand new bridge over the city's flagship light-rail project is set to open Sunday, but on Thursday it was sagging under the weight of another planning gaffe — this time at the expense of pedestrians.

Photos of a yellow fire hydrant marooned in the middle of the bridge's brand new sidewalk — right in the path of pedestrians, people in wheelchairs and anyone with a stroller — made the rounds on Twitter Wednesday.

When Somerset Coun. Catherine McKenney first saw the photo, all she could do was gasp.

Neighbouring Kitchissippi Coun. Jeff Leiper was also rendered speechless — well, almost.

"What can you say?" Leiper shrugged. "It's gobsmacking."

Thankfully, it's also fixable, said transportation committee chairman Coun. Keith Egli.

He said it was a "design error" on the part of Rideau Transit Group, which is responsible for building the light-rail project. Since it was their fault, they'll be picking up the tab, Egli said.

Staff in the city's light-rail office assured him the hydrant will be moved this month, although the fix will likely take weeks, Egli added.



The planning gaffe on the new bridge. LUCY SCHOLEY/METRO

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# New Fall Service

## New Fall Service

On Sunday, September 4, new schedules go into effect on most routes to reflect the increased demand for service in the fall, along with several routing changes described below.

You should obtain a new timetable for all **peak period** and **express** routes as well as the following routes: **1, 4, 5, 8, 12, 14, 85, 87 through 111, 114 through 120, 129, 134, 135, 144, 147, 148, 151, 152, 172, 177 and the O-Train Trillium Line.**

### Routes 91, 95, 97 and 98

Service will be increased on Routes 91 and 97, while decreased on Routes 95 and 98 in certain time periods in order to shift service to the routes providing a faster trip and to better match ridership demand.

### Fall Service Highlights

- 4** will have supplemental trips to Carleton University reinstated for the start of fall classes.
- 41** will have the first morning trip start a few minutes earlier to improve connections at Hurdman Station.
- 92** will have several evening trips adjusted later to better serve Tanger Outlets.
- 101** will have selected trips extended to Carling Campus on Moodie Drive during rush hour.
- 103** will have all trips extended from Bayshore to Carling Campus on Moodie Drive. The current last trip in the morning will be rescheduled to provide an early morning trip.
- 114** will operate less frequently between Elmvale and St-Laurent Station to better match ridership levels and reduce duplication with Route 106. Trip times will be adjusted to coordinate with Route 106, and combined, both routes will provide sufficient service.
- 120** The first morning trip northbound on weekdays will leave a few minutes earlier to improve connections at Place d'Orléans.

- 129** will no longer operate to the Canada Aviation and Space Museum on weekends after Labour Day, with the end of the special summer-weekends-only service. The trip to and from the museum on weekdays will continue to operate. Supplemental service to La Cité will be reinstated for the start of fall classes.
- 144** The first two southbound trips from Conroy at Davidson will leave several minutes earlier to improve connections at Leitrim Park & Ride.
- 152** will be modified later this fall to use the new busway on Carling Campus.
- 154** The first and/or last trips may be adjusted, so please check the schedule.
- 155** The first and/or last trips may be adjusted, so please check the schedule.
- 167** **NEW** will provide weekday rush hour service from the growing community of Blackstone in Stittsville to Terry Fox Station, for improved connections to downtown and other destinations.
- 182** will be extended from Lincoln Fields to Tunney's Pasture Station for improved connections from Gatineau and STO service during rush hour to Carling Campus on Moodie Drive. The frequency of service will be increased to approximately every 15 minutes to reduce wait and travel times.
- 185** will no longer operate on weekends after Labour Day to the Canada Agriculture and Food Museum and Experimental Farm, with the end of the special summer-weekends-only service.
- On September 4 and 5, buses will be extended to Albert at Booth Street to maintain connections with LeBreton Station which is moving.
- 198** will no longer operate to Petrie Island after Labour Day, with the end of the special summer-weekends-only service.
- 231** will be renumbered Route **228** to prepare for the introduction of the O-Train Confederation Line in 2018.
- 232** will be renumbered Route **222** to prepare for the introduction of the O-Train Confederation Line in 2018.



## Light Rail Construction

### LeBreton Station

On September 4, LeBreton Station will move one block east to Albert at Booth Street due to the closure of Preston Street north of Albert. Buses will be rerouted to use Booth Street between the Sir John A. Macdonald Parkway and Albert Street.

Call 613-560-1000 or text 560560 plus 3010 for real-time bus departures at LeBreton Station.

### Service Information

For real-time arrivals of your bus 24 hours a day, call 613-560-1000 or text 560560 *plus* your four-digit bus stop number.

Automated travel planning is available at [octranspo.com](http://octranspo.com). Just enter the information about your trip and the system will create your own personalized travel plan.

For more information about these changes, new timetables or trip planning, visit an OC Transpo Customer Service Centre, go to [octranspo.com](http://octranspo.com), or call 613-741-4390 during these hours:

<b>Monday to Friday and Labour Day .....</b>	<b>7 a.m. - 9 p.m.</b>
<b>Saturday.....</b>	<b>8 a.m. - 9 p.m.</b>
<b>Sunday.....</b>	<b>9 a.m. - 5 p.m.</b>

OC Transpo Customer Service Centres at St-Laurent, Place d'Orléans and Lincoln Fields will be **open Labour Day** and these **Saturdays** from 11 a.m. to 5 p.m. for your added convenience: **September 3, October 1 and October 29**. The Rideau office will be **open Labour Day** from 10 a.m. to 6 p.m.

### Register for Alerts!

Register for route-specific alerts at [octranspo.com](http://octranspo.com) and receive the latest information by e-mail or text, including cancelled trips, detours or schedule changes. Standard rates apply.

### Labour Day

On Monday, September 5, a Sunday schedule will operate, so only those routes that normally run on Sunday will be in service. Holiday schedules are available at [octranspo.com](http://octranspo.com).



# metrNEWS

You essential daily news

Is this construction worker really catcalling the Duchess? **World**



Don't Stop Believing mixed with Full Clip? Max Zims will make it happen at Babylon's Beat the Clock party on Saturday night.

CONTRIBUTED

## DJ spins multi-era retro dance bash

### BACKSTAGE PASS

#### Babylon hosts Beat the Clock party at 10 p.m. on Friday

**Trevor Greenway**  
Metro | Ottawa

Max Zims is going to find out just how much of a challenge it can be to seamlessly mix Journey's Don't Stop Believing with Gang Starr's Full Clip.

But the local selector is thirsty for the tall order, as he digs through his digital crates for tunes from the '80s to today's modern beats for Babylon's Beat the Clock party this

Saturday night.

Zims can't wait to drop nostalgic tunes all night on the vociferous crowds waiting to hear "my jam."

"It's the most epic '80s song, in my opinion," laughs Zims, referring to Journey's grand wedding fire-starter.

"We are taking it from the '80s all the way to 2016, so that will be interesting."

Zims will voyage through a decade an hour, dropping familiar and nostalgic jams on the likely diverse-aged dance floor that will act as a sonic time travel chamber for those willing to tap back into their uninhibited youth — and those still living it.

"It works out for the older people who might not want to stay out until 3 a.m.," adds Zims.

**You have to be on your toes because you can't just play what you want and get lazy with it.**

Max Zims

"They can just come early and enjoy their '80s portion."

That's the whole point of the Beat the Clock Party — a wistful spree of auricular designs through time, era by era, celebrating the early roots of hip hop and the music it later inspired. It hasn't been hard for Zims to find common themes and links throughout each era, especially as a DJ who grew up idolizing conscious hip hop of the '80s and '90s.

The '80s have the foundations of hip hop, so you can see toward the end of the '80s, it was N.W.A. and Run-DMC and just seeing the progression of hip hop in general is great," adds Zims.

"But then there is also the alternative rock and pop stuff — '80s were the glory days for that with Michael Jackson, Prince and Madonna — legends. And you see all those influences in the '90s and 2000s like all the boy bands and Britney Spears."

Zims is no stranger to Baby-

lon's DJ theme nights, including Bey Bey and Drake Night parties. But Beat the Clock is a much bigger spectrum, spanning every genre from the '80s all the way to today's hottest jams.

But while each hour can be limiting, Zims says there's also a lot of freedom within eras. The challenge will be mixing between decades and genres without disrupting the vibe.

"It's nice because it's stressful in a way. You have to be on your toes because you can't just play what you want and get lazy with it," he says.

"It's challenging and also fun to revisit that whole era."

Zims is inviting pretty much everyone to this Saturday's retro party — rave kids of the '90s, millennials who can't get enough of JT's poodle perm and anyone who still wears their Golden Eagles varsity letterman jacket from '86.

Music starts at 10 p.m. with tickets at \$5 before midnight.

## 5 Things to do in the city this weekend

Latin culture, hot air balloons and a family picnic. There are lots of fun ways to enjoy the last of the summer this long weekend.



**Haley Ritchie**  
Metro | Ottawa

### 1 Hot Air Balloon Festival (runs all weekend)

The skies around Gatineau will be full of colour and fun this week from Thursday to Monday during the 29th Gatineau Hot air Balloon Festival. Head to La Baie Park for festivities including entertainment, classic cars, buskers, kids crafts and a graffiti contest. Balloons rise from 6 and 7 p.m., Thursday to Monday, and between 6:30 a.m. and 7:30 a.m., Saturday to Monday. Admission is \$27 for one day and you can also go up in a balloon for \$219.



### 2 Latin America Festival (Sunday)

The Latin America Festival kicks off with a Latin parade on Sunday from 2:00 p.m. to 4:00 p.m. across Wellington Street, then turning south on Elgin Street towards the city hall on Laurier Street. The festival takes place afterward in front of city hall from 1:00 p.m. to 8:00 p.m. Everyone is invited to experience local, nationally and international musicians, handmade arts and crafts, authentic cuisine, traditional folk dance and children's activities. Admission is free.

### 3 Riverside Electronic Music Festival (all weekend)

The Riverside Electronic Music Festival starts this weekend and is 85 per cent sold out, so you better hurry up if you want to catch DJs Borgeous, Quintino and Dallas K. The festivities take place at the Canadian Museum of History on Sunday at 3 p.m. Tickets are \$45 and concert-goers must be 16 years or older.



### 4 Foam Party (Sunday)

Tequila Jacks is welcoming students back to the city in a big way on Sunday, with the "wildest Foam Party to hit Ottawa." The club promises a laser light show, high-energy music and lots of suds. Doors open at 10 p.m. and advance tickets are \$7.



### 5 Just Food Picnic (Sunday)

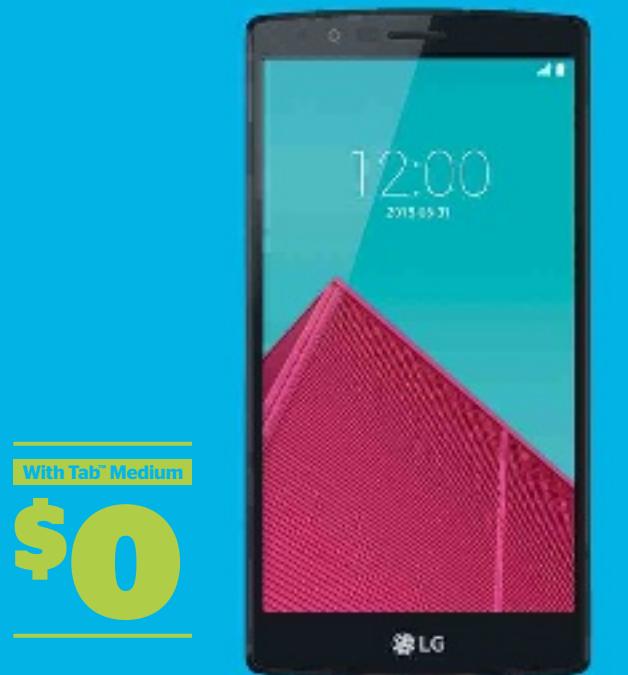
Check out the Just Food Farm (2389 Pépin Ct.) this Sunday starting at 11 a.m. for a free community picnic complete with local corn roast, farmers market, wagon rides, games and live music. Guests are encouraged to bring their own water bottles and snacks. Everyone is welcome to attend.





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# Garage is lab for innovative brews

## ENTREPRENEURS

## Bells Corners site of smallest craft brewery in Ottawa

## THE BOTTLENECK

**Jordan Duff**



Chris and Jen Samuel are proud owner-operators of Ottawa's smallest craft brewery: Evergreen Craft Ales, named after the street it can be found on. And yes, their most supportive customers are also their neighbours.

Their new brewery operates out of a 200-square-foot garage in a residential area of Bells Corners. Evergreen has received extra help and support from Covered Bridge Brewing and Broken Stick Brewing.

The supportive brewing family extends beyond municipal boundaries, as it was Hammond River Brewing in New Brunswick that trailblazed the path for home-based breweries and demonstrated they could

be successful. Hammond River even chatted with Evergreen over the phone to share sage advice. Aren't beer people the best?

While Evergreen doesn't plan on holding the title of smallest brewery indefinitely, being small has advantages. Every customer gets facetime with the owners. This means they are able to collect feedback and evolve. Because they run a small brew system, it's easier to tweak recipes and experiment. Currently, Evergreen rolls on a four-batch system with two flagship beers, a familiar favourite and a one-off experimental brew.

As a beer fan, Chris Samuel is partial to heavily hopped IPAs and Pale Ales. But as a brewer, he wants to go beyond just a handful of styles. Instead, he wants to create flavourful beers that focus on balance and keep the ABV, alcohol by volume, in check.

The brewery also has an exclusive Evergreen Club, using membership fees to help the brewery grow. Members are guaranteed seasonal brews, merchandise and other perks. Harvest ale will be the next seasonal available, using hops grown in the backyard. Very local.

Evergreen Craft Ales beer is



From a home brewery to new craft brews, fall is shaping up to be a busy one for beer lovers.

OTTAWA CRAFT BEER CALENDAR

available exclusively at the retail shop/garage. Customers are encouraged to pre-order online ([evergreencraftales.com](http://evergreencraftales.com)). Retail hours are limited.

When they do outgrow the garage, the Samuels plan to build something special: "When we do move it will be to create something unique that will add value

to the community as a whole." Until then, I'll keep checking MLS listings on Evergreen Drive.

### Local "Hoppennings:"

Two good reasons to visit Embrun this month: Tuque De Broue is celebrating Sept. 17, 11-5 at the brewery. Party includes a food truck, free beer,

a new pumpkin spice ale and a ribbon cutting to welcome a new fermentor!

Continue the good times in Embrun with Étienne Brûlé Brewery's opening Sept. 17 4 p.m. to 1 a.m. Explore the brewery for a pig roast, corn roast, live music, mystery cask and a new brew.

If you're staying in town on

the 17th, The Brewery Market is hanging out in Hintonburg Park noon to 6 p.m.. focusing on stouts with Twist & Stout.

Sept. 8, CRAFT is launching their newest Community Brew: Kichesippi Community Common. \$1 from the sale of each Community Brew will go to JDRF (Juvenile Diabetes Research Foundation).

Keeping the pre-Oktoberfest hype going, the #BeausOktoberfest Mix Pack hits the LCBO, the brewery, and their home delivery service this month.

Covered Bridge Brewing is hosting a Taste of Stittsville on Sunday, Sept. 4, from 11 a.m. to 4 p.m. Nita Beer has new seasonals coming out, including, an English IPA, a maple pumpkin spice ale (Autumn bomb!), and a coffee ale (Red Goat).

Brew Donkey is turning 3! Give Brad Campeau a hearty handshake the next time you see him parading a tour group through a brewery.

Voting is open for the 2016 Golden Tap Awards — [goldentap.com](http://goldentap.com). Despite the efforts of local bloggers and their spam robots, Toronto cleans up at this event like a dirty bar rag. Give Ottawa brewers some love!

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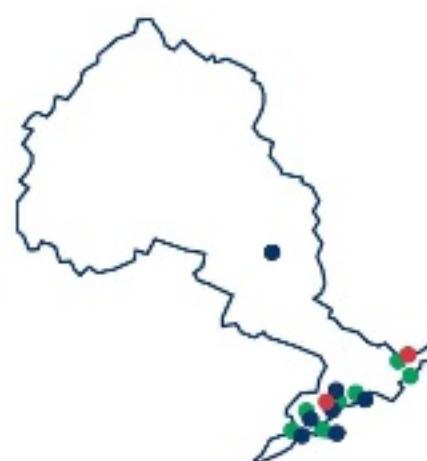
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# The boy who changed a nation

## SYRIAN REFUGEE CRISIS

### Alan's death had profound impact on Canadians' lives

A year ago, Tim Kurdi was just a suburban mother, a hardworking immigrant in British Columbia who had knocked on many doors in a helpless effort to bring over her siblings and their families from war-torn Syria.

On Sept. 2, 2015, the Port Coquitlam woman's life was forever changed because of the drowning deaths of her nephews, Alan, 3, and Ghalib, 5, and their mother in the Aegean Sea while fleeing to Greece. The tragedy thrust her into a new role: appealing to the Canadian conscience over the long-standing refugee crisis.

Kurdi was thrust into the spotlight, becoming a spokeswoman for millions of Syrian refugees to people in Canada and around the world shaken by the image of tiny Alan lying facedown and lifeless on a Turkish beach.

The plea she and other Syrian Canadians had been making for years to politicians was finally heard. Just weeks later,



Alan, left, and his brother Ghalib Kurdi. Alan, 3, Ghalib, 5, and their mother drowned in the Aegean Sea while fleeing to Greece on Sept. 2, 2015. CONTRIBUTED

the new Liberal government swiftly opened Canada's door to thousands of Syrian refugees.

But Kurdi and her family weren't the only people whose lives were changed by little

Alan's death: Syrian refugee families have been given the opportunity that Alan didn't have to build a new life in Canada. Members of Muslim and Arab communities who have felt

disenfranchised in Canada have a renewed sense of belonging. And ordinary people who rolled up their sleeves to engage in refugee issues feel a fresh pride in being Canadian.

"There has been a profound shift among Canadians in terms of our idea of refugees. For all of us on the ground, we were used to reaching out to religious groups and labour unions for

## PROFILES

The death of Alan Kurdi, a three-year-old boy, truly has impacted lives around the world.

**1** Gynecologist Vanig Garabedian and his wife, also a doctor, left Aleppo in 2014, after their clinic was bombed.

The couple and their two girls were among those who got off the first Canadian flight at Pearson, personally received by Prime Minister



Vanig Garabedian

Justin Trudeau. **2** Maher Azem, who came to Canada from Syria in 2005 to pursue a post-graduate degree at Ryerson University,

said the Arab and Muslim community has become more engaged and mobilized. The 33-year-old Toronto man and others founded the Syrian Canadian Foundation to help private sponsorship groups and settlement agencies serve refugees.



Maher Azem

help," said Janet Dench, of the Canadian Council for Refugees.

"Now, all organizations suddenly are trying to find ways to offer help for refugees."

Dench called Alan Kurdi's death a defining moment that shifted Canadians' attitude toward the distant refugee crisis in Europe and the Middle East.

Brian Dyck, chair of the Canadian Refugee Sponsorship Agreement Holder Association, said few people would have expected the refugee crisis to become a campaign issue in

last October's federal election.

Then prime minister Stephen Harper was forced to address the Conservative government's record on the refugee crisis, while Immigration Minister Chris Alexander, who eventually lost his seat in the election, suspended campaigning to return to Ottawa to deal with the fallout.

"It's hard to say if it changed the outcome of the election," said Dyck, "but Canada's response to the refugee crisis was certainly discussed a lot for several weeks." TORSTAR NEWS SERVICE

## DIPLOMACY

### PM talks human rights in China

Justin Trudeau set his sights squarely on China's human rights record Thursday, painting Canada as a straight-talking champion of personal freedoms as he lectured an elite business crowd on the value of good governance and free expression.

The prime minister's direct remarks came during week-long official visit to China aimed at forging deeper commercial and cultural bonds between the two countries.

Building closer economic ties will make it easier for China and Canada to speak frankly about governance, human rights and the rule of law, Trudeau told several hundred people at an event hosted by the Canada China Business Council.

"I remind everyone that as a country that has seen first hand the benefits of free expression and good governance — Canada encourages China to do more to promote and protect human rights," he said. THE CANADIAN PRESS

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IT'S EASY TO GET INTO A FORD

# Hispanic leaders 'confused'

## U.S. ELECTION

## Trump speech misleads many who advised the nominee

"Crushed." "Disappointed." "Confused."

Some Hispanic leaders who have been advising Donald Trump say they feel betrayed after his long-awaited immigration speech that definitively ruled out a pathway to legal status for people living in the country illegally.

Trump stopped short of calling for the mass deportation of millions of people who have not committed crimes beyond their immigration offences. But he also ruled out what he dismissed as "amnesty," saying those who want to live legally in the U.S. will need to leave and head to the back of the line.

"There's several of us who have gone out on a limb, if you will, to try to at least be at the table of reason with him, and that's left us confused and disappointed," said Tony Suarez, the executive vice-president of the National Hispanic Christian Leadership Conference. He's been among those pushing Trump to moderate his stance.

As recently as Monday, he said, the GOP presidential nominee had signalled on a conference call with faith leaders that they could expect to see a gentler, more compassionate Trump in the speech. Trump, Suarez said, was asked explicitly whether they would see a softening or any "hope" for at least some of the people currently living in the shadows.

"He said, 'Yes,' and he thought we would be very pleased on Wednesday," said Suarez. "The impression given on the call was not what we heard last night."

THE ASSOCIATED PRESS



Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge, share a joke with construction workers on Thursday in Newquay, U.K. CHRIS JACKSON/GETTY IMAGES

## UNITED KINGDOM

## Royal audacity: Did Kate get catcalled?

The Duchess of Cambridge, Kate Middleton, appeared to catch the attention of a group of construction workers on Thursday as she toured Cornwall with her husband.

In photos of the interaction, she appears to laugh at what's being said, while Prince William looks less than impressed. Before jumping to conclusions, the exchange seems to be a lot more innocent than the

photos make it look. And no, William isn't reopening the Tower of London. It appears that Sam Wayne, the construction worker in the foreground, just wanted a selfie with the royal couple.

British tabloids are having a field day with the apparent catcalls, calling the construction workers "cheeky" and praising the royal couple for taking it all in jest. METRO

## TRAVEL

## Airline mixes up two five-year-old boys

A woman in New York says she hasn't stopped crying since an airline mistook her five-year-old for another child and flew him to the wrong city.

Maribel Martinez tells New York's Daily News she was shocked when JetBlue staffers presented her with another little boy on Aug. 17 at Kennedy Airport.

"No, this is not my child," she recalled telling JetBlue employees. "I was freaking out."

Her lawyer, Sanford Ruben-



**Maribel Martinez holds a photo of her son Andy.**

THE ASSOCIATED PRESS

stein, said that child was supposed to be in Boston. Instead, Martinez's son, Andy, was sent there and it took hours for the airline to figure out where he was and return him home safely.

"I thought he was kidnapped," said Martinez. "I thought I would never see him again."

Both unaccompanied five-year-old boys had boarded in the Dominican Republic. Martinez said her son was wearing a wristband with his name on

it. But the other child was carrying Andy's passport.

The boy who was mistakenly flown to New York was safely returned to Boston, the airline said. JetBlue is reviewing how the mix-up occurred.

Martinez said it took more than three hours for the airline to track down Andy in Boston. When it put her on the phone with him, he said, "Mami, they put me on another plane," she told the newspaper.

THE ASSOCIATED PRESS

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# Bombardier to suspend jet production

**MANUFACTURING**

## Move due to sluggishness in market, says spokesman

Bombardier is juggling challenges on two new fronts in Canada, temporarily suspending business jet production and falling behind in its delivery of

a light rail transit prototype for Toronto's Eglinton Crosstown transit line.

The aerospace and railway manufacturer says it plans to place workers at its Global jet completion centre in Montreal on furlough for an unspecified amount of time next year.

"It's a minor adjustment to our completion activities that will be deployed in 2017," spokesman Mark Masluch said Thursday.

He said the change — which follows last year's move to cut production of the Global 5000 and 6000 models from 80 to about 50 per year — will better manage costs and address ongoing sluggishness in the business jet market.

A company source who spoke on condition of anonymity said Bombardier is seeking to suspend production for 20 days in addition to the usual two-week shutdown during

summer.

Bombardier has also been taking action involving its Challenger and Learjets.

Meanwhile, Bombardier Transportation said it will deliver a light rail transit prototype in two to three weeks to Metrolinx, an agency of the Ontario government, for the Eglinton Crosstown transit line in Toronto after missing Wednesday's deadline to do so.

THE CANADIAN PRESS



Bombardier said it would cut production of the Global 5000 and 6000 jets from 80 to about 50 per year. TORSTAR NEWS SERVICE

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**SOCIAL MEDIA**

## Instagram launches zoom feature at last

Instinctively pinching on an ex's Instagram photo to zoom in and accidentally liking it (oops!) will be less likely now that the app has finally graced users with a zoom feature.

Instagram announced the new functionality on Wednesday, allowing users to pinch-to-zoom in on photos and videos.

The inability to zoom was one of the most complained-about aspects of the app.

The company did not provide any explanation as to why this rather basic function was introduced five years later, but did say it's working

on "improving core parts of Instagram."

"Over the past six months, you've seen many exciting changes come to Instagram, from a new icon to longer videos and even a new way to share everyday moments with Instagram Stories," Instagram said in a statement posted on its account.

Users took to social media to rejoice at the game-changing feature.

The zoom function, currently available on iOS only, will be available on Android devices in the coming weeks.

TORSTAR NEWS SERVICE



Instagram's new zoom function, launched on Wednesday, allows users to pinch-to-zoom in on photos and videos. ISTOCK

**IN BRIEF**

### Puny carrots, recall stall Campbell freshness push

Campbell Soup's push to become a bigger player in the fresh foods market has been crimped by puny carrots and possibly spoiled protein drinks. A premature harvest led to smaller carrots, which drove away customers. Bolthouse drink results were hurt by a recall of 3.8 million bottles.

THE ASSOCIATED PRESS

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# metronews SCIENCE

Your essential daily news

More than half of computer users will click a link they know full well could be malicious, just out of curiosity, a new study says

DECODED by Genna Buck and Andrés Plana

## HOW TO KEEP PLENTY OF FISH IN THE SEA

Climate change is warming up the oceans, and many fish can't handle the heat. They're fleeing from tropical waters for cooler climes to the north and south. It's affecting fish harvests, especially in poor countries where they're needed most. UBC environmental science professor William Cheung has proposed a bold thought experiment: **What if we just ... closed the ocean? Could we save the seas?**

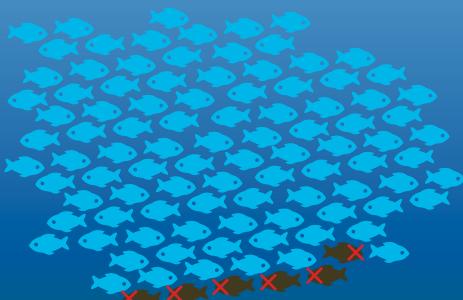
Using some fancy math, Cheung and colleagues predicted the abundance of **30 far-roaming fish species by 2050**, assuming global temperatures will have increased by about 1.8 C over the 1985-2005 average by 2100. They looked at three ways we could manage the **high seas** — the international waters that take up 2/3 of the oceans. They measured how

those scenarios would affect the remaining 1/3 of the oceans: the **exclusive economic zones (EEZs)** particular countries have the right to use. They assume no more than the maximum number of fish that can be harvested without depletion — called the **maximum sustainable yield** — is taken from the EEZs themselves.



### SCENARIO 1

**Business as usual:** We're harvesting twice the maximum sustainable yield from the high seas.

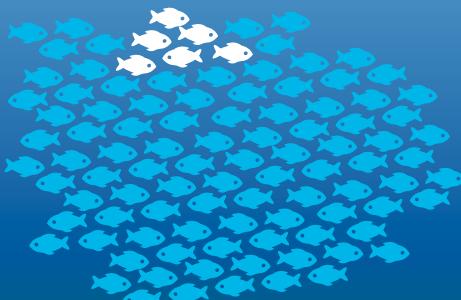


**-5.5%**

(decrease in fish harvest in coastal waters that belong to certain countries)

### SCENARIO 2

**Nations around the world co-operate perfectly**, and only harvest the maximum sustainable yield from the high seas.

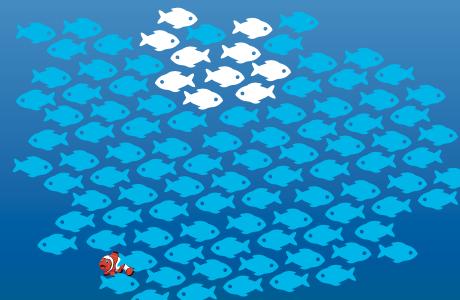


**+6.3%**

(increase in fish harvest in coastal waters that belong to certain countries)

### SCENARIO 3

**Lock the (ocean) door and throw away the key!** The high seas are closed to fishing entirely.



**+10.3%**

(increase in fish harvest in coastal waters that belong to certain countries)



### FINDINGS

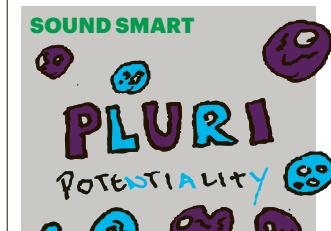
Your week in science

#### STUMP FLUFFY

A new study suggests you should be making your lazy indoor cat work for her supper. Food puzzles, which make cats 'hunt' more like their wild ancestors, seem to increase activity and reduce boredom, lowering risks of obesity and diabetes.

#### IN FOR A HARD NIGHT (OR MORNING)

When you're most alert and operating at your best — whether you're a night owl or an early bird — is the time you're most likely to "self-sabotage" (a.k.a. waste time when you know you should be doing something else), an Indiana University study says.



#### DEFINITION

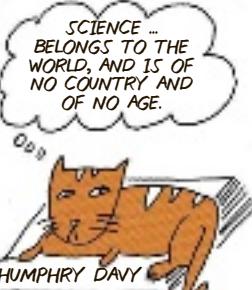
**Pluripotentiality** is the ability of a cell to transform into other cell types. Embryonic stem cells can, for example, become nerve, skin, muscle, and more. Since 2006, scientists have been manipulating genes to create **pluripotentiality** in adult cells.

#### USE IT IN A SENTENCE

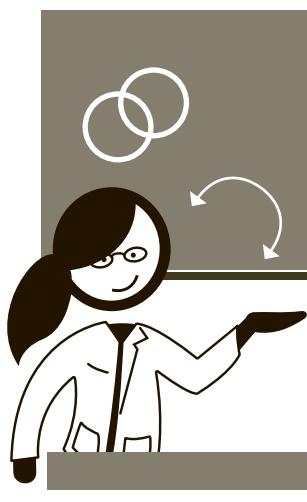
One day Isabel may be able to benefit from an experimental brain-cell-replacement therapy; using her own cells with induced **pluripotentiality**.

#### PHILOSOPHER CAT

by Jason Logan



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CITIZEN SCIENTIST by Genna Buck

## Can anybody predict an earthquake?

**Scientists were once charged for failing to predict an earthquake. Can anybody predict that? — Dean, Toronto**

According to the U.S. Geological Survey, no scientist has "ever predicted a major earthquake. They do not expect to know how in the foreseeable future." But "probabilities can be calculated for potential future earthquakes."

Despite this, after Italy's deadly 2009 quake, six scientists and one government official were convicted of involuntary man-

slaughter for failing to communicate the risks. It's not clear yet whether there will be a repeat of this blame game in light of the Aug. 24, 2016 quake.

The scientists were later cleared. They'd simply said the chance of a major quake had neither increased nor decreased after a recent cluster (called a "swarm") of tremors.

Here's the thing: In most cases (99 per cent, according to one seismologist), a swarm is not a warning knell for a major quake. However, big quakes are often

preceded by smaller "foreshocks" — though it may not be clear what's a foreshock and what's the real thing until after the fact.

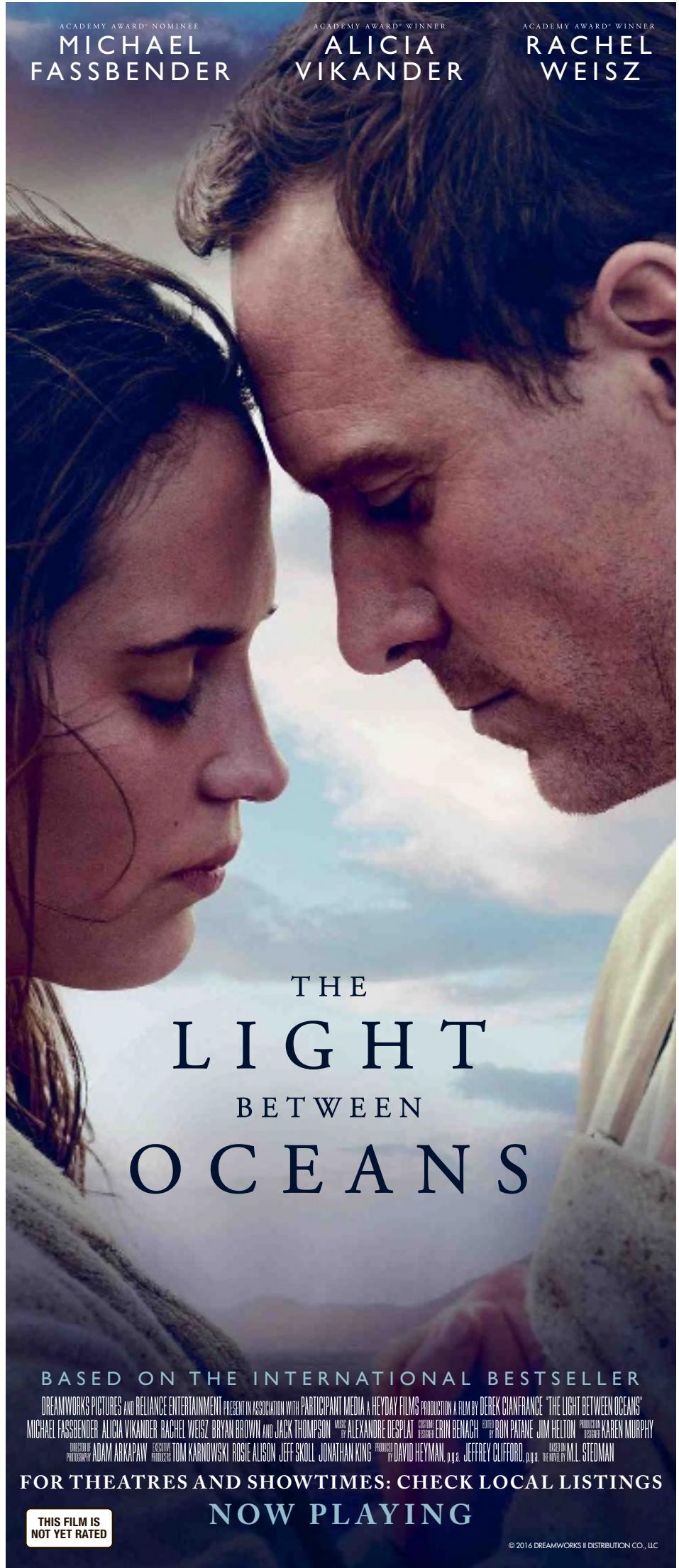
Chile, possibly the most earthquake-ready nation, has a network of sensors that detect tremors as they happen, so people can be evacuated if it's determined there's a risk of tsunami.

Early warning systems in the works — ones that can, for example, trigger trains to stop and power and gas lines to be disabled to minimize damage — are expected to provide a couple of

minutes of notice, at the very most. It's not like a weather forecast, and it probably never will be.

Here's the heart of it: Earthquakes, the release of pent-up potential energy inherent in the position of tectonic plates, are chaotic by nature. This brings to mind a favourite quotation of mine, from Irish comedian Dara Ó Briain: "Science knows it doesn't know everything; otherwise, it'd stop."

**Science Question?**  
**Tweet @genna\_buck**



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# Crossing over

## How M.L. Stedman's debut novel *The Light Between Oceans* made it to the big screen

Few debut novels have made as big a splash as M.L. Stedman's *The Light Between Oceans*. Set on a lonely island off the west coast of Australia, the 2012 book tells the tale of lighthouse keepers who find a lost baby and what happens when good people make bad decisions. It's a love story, mystery and tragedy rolled into a sweeping historical novel.

But the story of how the New York Times bestseller came into existence and how it made the transition from the page to the screen has almost as many twists as the book itself.

Originally from Western Australia, Stedman moved to London, England, to work as a lawyer. In 1997, she took up creative writing and had some success with her short stories. Then came *The Light Between Oceans*. The novel is about moral choices, though it is careful not to judge the actions of its characters. Tom Sherbourne is a First World War vet who seeks sanctuary as the keeper of a white stone lighthouse. On the mainland, he meets the spirited Isabel Graysmark, who searches for a modern idea of freedom with Tom on the island.

In an interview with The Christian Science Monitor, Stedman said the story and its characters emerged from her imagination: "I closed my eyes and could see a lighthouse and a woman... a man appeared, and I sensed

he was the light keeper, and it was his story. Then a boat washed up, carrying the body of a dead man. I kept looking and saw there was a baby in it too, so I had to keep writing to see who all these people were and what happened next.”

What happened next was that the novel was a hit. It has been published in over 30 languages and praised for its deeply realized protagonists and its exploration of darkness and light. Stedman herself adds a layer of mystery, granting few interviews and offering little personal information.

In 2012, DreamWorks won the rights to the story, and Derek Cianfrance, director of Blue Valentine and The Place Beyond the Pines, was chosen to recreate Stedman's fictional world of Janus Rock. To capture the novel's conflicted characters, Cianfrance cast Michael Fassbender and Alicia Vikander in the roles of Tom and Isabel, and Rachel Weisz as a mysterious mainlander from the past.

Because the geography is so important to the story, the movie was filmed on location on the rugged west coast of Australia. "I wanted to be incredibly faithful to the book," says Cianfrance.

He says Stedman herself paid him the ultimate compliment when she told him that, in his making of the film, she felt understood. "She said, 'Isn't that the point of life, that we, as human beings, are trying to be understood by each other?'"

**The Light Between Oceans** is now playing in theatres across Canada.

# metro WEEKEND

Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL



## Fall into film

**1 Potter world roars back to life** — This fall, J.K. Rowling's \$7.8-billion film franchise is back. It's a two-pronged attack. While *Fantastic Beasts and Where to Find Them* (pictured) is reaching back into the past of Rowling's Potter world, the two-part West End play *Harry Potter and the Cursed Child* (only co-written by Rowling) is going into the future. It moves the tale 19 years ahead of where the books left off.

**2 Ang Lee, innovator** — Ang Lee is continually pushing cinema to new technological heights, and his adaptation of *Billy Lynn's Long Halftime Walk* (Nov. 11) is no less ambitious. The first screening will be in 4K, 3D and 120 frames per second — essentially, hyper reality.

**3 Lonergan-Mania** — Little is settled about this fall's coming awards season except for this: Kenneth Lonergan's *Manchester by the Sea* (Nov. 18) is one of the best films of the year. Already celebrated at its Sundance premiere, Casey Affleck excels as a small-town New Englander haunted by tragedy.

**4 A more diverse Oscars** — After two straight years of "OscarsSoWhite" blanketing a dishearteningly homogenous Academy Awards, a richly diverse array of possible nominees is lining up for this season. A revamped Academy of Motion Pictures may be hard pressed to ignore the likes of *Hidden Figures* (Dec. 25).

**5 A legitimately good Shia LaBeouf** — Performance-art theatrics have overshadowed the transformation Shia LaBeouf has undergone. He's made it easy to not take him seriously in recent years, and maybe that's been the point. But in Andrea Arnold's Midwest teenage odyssey, *American Honey* (Sept. 30), LaBeouf and breakout star Sasha Lane (pictured) are exceptional.

**6 Emma Stone gets a proper showcase** — How do you come off of a dud like *Aloha*? By singing, dancing and romancing your way back into America's hearts in what could be a career-defining performance in Damien Chazelle's musical story *La La Land* (Dec. 16) of course.

After a bruising three months, it's about to get better at the multiplex. Here are six movies, performances and story lines moviegoers can look forward to this autumn.

THE ASSOCIATED PRESS



In the psychological thriller *The 9th Life of Louis Drax*, Aaron Paul plays the father of a boy in a coma.

TAYLOR JEWELL/INVISION/THE ASSOCIATED PRESS

### SNEAK PREVIEW

## Off-kilter role falls in Paul's wheelhouse

Aaron Paul isn't a dad, yet, but he loves playing one — however flawed that dad might be.

"I love working with kids. I have lots of nieces and nephews. I can't wait to have children of my own," he said during a recent round of interviews for *The 9th Life of Louis Drax*.

Paul plays two parts — sort of — in *Louis Drax*, and one came with a monster suit.

"It was a huge process, a four-hour process," he said of his transformation from ex-boxer, violent dad-with-a-drinking problem Peter Drax, to a dark,

cave-dwelling thing.

"It was a big suit that I put on. A latex head. I kind of suppressed the memory. It was a nightmare of an experience. But I actually really enjoyed it."

The psychological thriller stars Jamie Dornan as a coma specialist tasked with taking care of a nine-year-old, seemingly accident-prone boy named Louis whom Dornan's Dr. Allan Pascal mind melds with. There's also some romance, on Dornan's part, with Louis' mom.

The story is right in Paul's off-kilter wheelhouse, a la his

award-winning role as Jesse Pinkman in *Breaking Bad*. It's a more challenging stretch for Dornan, of *Fifty Shades* fame, despite being the son of a doctor who once had acting aspirations of his own.

"My dad is a doctor. My mother was a nurse. My stepmother is a doctor. My uncle's a doctor. It's funny, my dad tried to give me advice for pretty much every character I've played, except on this occasion when I was playing a medical professional," Dornan laughed.

Dornan, who has two young

daughters, enjoyed working with a child actor as much as Paul. Louis is played by Aiden Longworth, who was 10 during filming and is now nearly 12.

Yes, Louis is in a coma, though he has more to do than just lie still.

"Aiden, he's brilliant," Dornan said. "You know the famous thing, never work with kids and animals? One of the early scenes I did was with a hamster and a child, so there's two in one. He talks non-stop, so actually the coma aspect, for him, was very, very difficult." THE ASSOCIATED PRESS

Amy Adams stars in Tom Ford's *Nocturnal Animals*, a screwy character sketch, and Denis Villeneuve's *Arrival*, which some people are already calling the sci-fi thriller of the year.

DAVID M. BENNETT/WIREIMAGE



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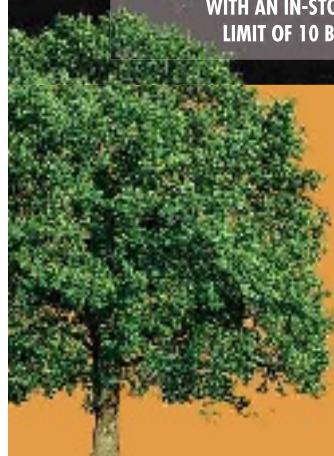


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# Dear Amy, it's time to meet Oscar

#### ACADEMY AWARDS

**Five noms, no statues: Time for versatile actress to win**

**Shinan Govani**  
For *Torstar News Service*

Better to have been nominated and lost than to have never been nominated at all.

Or is it?

As Amy Adams — alliterative of name, fiery of mane — moseys into Toronto next week this is a question that might be asked. Starring in two, high-profile movies at the Toronto International Film Festival, and with the chatter of awards season commencing anew, it's as good a time as any to be reminded that the 42-year-old sweetheart is in quite the Oscar club: She's five for five, both for Oscar nods and Oscar robs.

Adams is more conspicuous than, say, Julianne Moore, who'd been nominated four times before she won her first statuette for *Still Alice*. But a solid 12 years passed between Moore's Academy Award win and her

If You Can. That was followed by another drought before the Oscar train began to chug in 2006, with a career-launching part in *Juno*. Armed with indie cred and an Oscar nomination she walked down that crimson carpet again in 2009, 2011, 2013 and 2014 for *Doubt*, *The Master*, *The Fighter* and *American Hustle*, respectively.

No sooner had Leonardo DiCaprio fulfilled his own destiny with a Best Actor win this past February than the Oscar curse talk shifted to the woman who's been a high school gymnast, a Gap greeter and an A-grade cartoon Disney princess, and who has shared movie credits with Meryl Streep twice (in *Doubt* and *Julie & Julia*).

"Now that Leo got his Oscar, can we finally move on to the injustice that is Amy Adams being nominated five times without winning, how?" tweeted @NathanWarnock, one voice in the rising chorus.

Oscar-land often favours ingenues (remember when Juliette Binoche squashed Lauren Bacall's forever-hopes of a statuette when the two faced off in the '90s?), and it becomes a harder climb for Ms. Enchanted to make to avoid being a permanent also-ran. She could

**There's almost nothing Amy Adams hasn't done ... but for being everywhere, she's seemingly nowhere.**

Nico Lang in *dailydot.com*

previous nomination, while Adams's five nominations came in the span of a decade.

"The nominations got Amy attention, and better work with more interesting directors, but it's happening in such quick succession ... it's also kind of a bag of rocks on her back," an L.A.-based Oscar-watching veteran told me recently. That is to say, in Hollyweird, stars such as Brie Larson and Alicia Vikander walked away with statuettes this year on their first go-round, while a dash of Susan Lucci (the soap opera star nominated for an Emmy 19 times before she won the award), clogs Adams' filmography.

The all-American actress paid her dues in straight-to-video marvels like *Cruel Intentions 2* and got a break in 2002 when she was cast as the candy striper in Steven Spielberg's *Catch Me*

go the route of Susan Sarandon, who won at 49, with her fifth nomination) or take the more treacherous path of Glenn Close (six nominations, zero wins).

Adams's two films screening in Toronto offer a glimmer of hope. She stars in Tom Ford's *Nocturnal Animals*, a screwy character sketch, and Denis Villeneuve's *Arrival*, which some people are already calling the sci-fi thriller of the year.

If nothing else, the two projects demonstrate Adams's range; she has more range than most, but it's also prevented her from developing the kind of image that's critical in today's star-making apparatus.

"In her short career," wrote Nico Lang in *dailydot.com*, "there's almost nothing Amy Adams hasn't done ... but for being everywhere, she's seemingly nowhere."

# Why the whole world is in love with Alicia Vikander

IN FOCUS

## Actress has quickly become the 'it' girl of film

**Richard Crouse**  
For Metro Canada



In *The Light Between Oceans*, Michael Fassbender plays a stoic World War I veteran who falls truly, madly and deeply in love with Isabel (Alicia Vikander).

It's not an uncommon tale these days. It seems all of Hollywood adores the 27-year-old Swedish actress.

The New York Times praises "the gamin bone structure, that sullen pout, those velvety fawn eyes," and producer Lionel Wigram declared, "She's a star. You can't take your eyes off her on screen or in person."

Her talent and versatility have made her so in demand it's hard to believe that in her late teens drama school twice rejected her.

According to her those dismissals were a blessing in disguise as they allowed her earlier access to "an industry that prizes youth in women."

This weekend she takes on the romance of *The Light Between Oceans* as a precocious woman who asks a man she has just met to marry her. Based on an acclaimed and bestselling book by M.L. Stedman, it's a story about choices, honour and true love that plays like a highbrow Nicolas Sparks story in period clothes. It also showcases Vikander's range. In the last two years she has played everything from the personification of artificial intelligence to the estranged daughter of Hitler's favourite rocket scientist.

After success in Swedish language film and television, Vikander made an impression in under-seen films like the lushly beautiful *Anna Karenina* opposite Keira Knightley and *Testament of Youth*, a World War I era story of one woman's voyage into pacifism.

It was *Ex Machina*, however, that made her a star. She played an automaton named Ava created by tech wiz Nathan "The Mozart of Code" Bateman (Oscar Isaac). Programmer Caleb Smith (Domhnall Gleeson) is hired to evaluate if the robot's ability to show intelligent behaviour is equal to, or undifferentiated from, that of a human being. *Ex Machina* is presented as sci-fi, but it really is a human drama;

a human drama where the main character has a fibre optic nervous system. Vikander is equal parts warmth and chilly precision as a robot who wants more than to be a machine.

Next Guy Ritchie cast her in *The Man from U.N.C.L.E.* and if he had Frankenstein'd an actress for the role of Gaby in the mould of 1960s starlets, he could not have topped Vikander as a picture-perfect representation of mid-century cool. She looks like she was born to wear the oversized sunglasses and Mary Quant frocks but she's more than just the romantic interest.

In *The Danish Girl*, Eddie Redmayne plays the title role, transgender pioneer Lili Elbe, and while he has the showier part, it is Vikander — as Elbe's ex-wife — who won a best supporting Oscar for holding the screen as the film's emotional core.

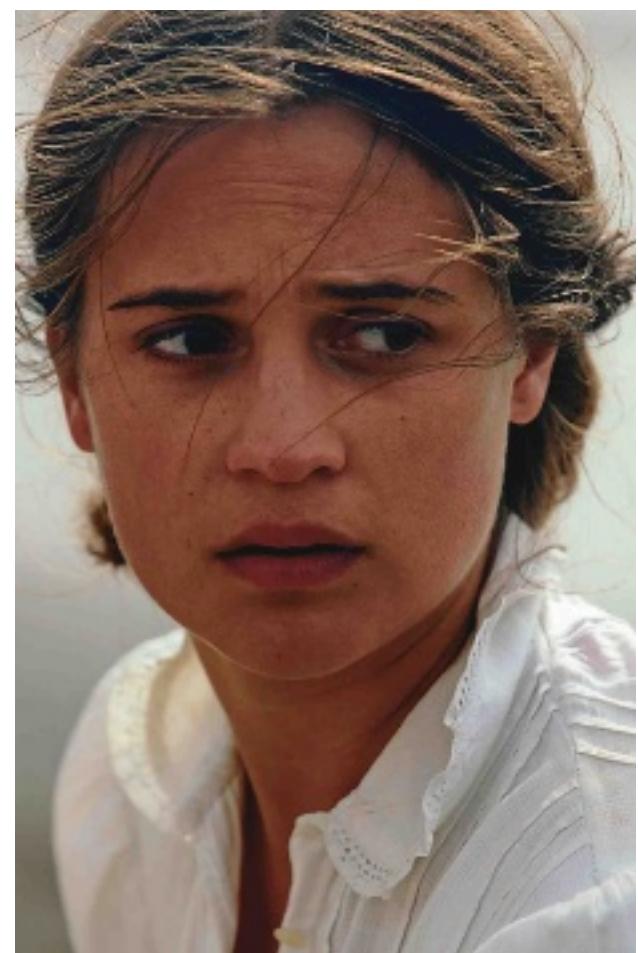
But perhaps the biggest indication of her industry clout is that she recently announced she'll be stepping in for Angelina Jolie as Lara Croft in the rebooted Tomb Raider series.



### MOVIE RATINGS by Richard Crouse

**The Light Between Oceans** ★★  
**The 9th Life of Louis Drax** ★★★

HOW RATING WORKS	
★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT



This weekend Alicia Vikander stars opposite Michael Fassbender in *The Light Between Oceans*. CONTRIBUTED



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## Sunday Bikedays

### Enjoy the last weekend of the season

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# Life's a beach

Irate at not having the foresight to call up that one friend with the cottage awhile back to secure a long-weekend invite? Now, you're stuck in the city and labour marches are not really your jam. Well, simmer down. Metro compiled some of the best shoreline establishments around the country for your last-ditch sun and swimming pleasure. Just grab your bathing suit and go. **METRO**



THE CANADIAN PRESS FILE

## WINNIPEG

### Grand Beach

Having won numerous accolades and counted among the best beaches in the world, Grand Beach, north of Winnipeg, truly lives up to its name. Three kilometres of fine, soft white sand, clean water and sandbars that allow you to walk out into the shallow water for hundreds of metres, Grand Beach is where Winnipeggers flock on the hot, humid prairie weekends. Beach facilities have undergone extensive renovations in recent years, including new food stands, the boardwalk and washroom facilities. Nestled inside a provincial park on the eastern shore of Lake Winnipeg, the protected area offers camping and is perfect for a day trip. If the beach is too crowded, there are numerous smaller, more private beaches in the area.



JEFF HARPER/FOR METRO FILE



SAMUEL SMITH/FOR METRO



## OTTAWA

### Britannia

Sailboats float by on the wide expanse of the Ottawa River and the view from the shore includes a thick treeline and the purple-hued outline of the Gatineau Hills. The beach also offers volleyball and some of the best burgers in the whole city.

## HALIFAX

### Lawrencetown

With Lawrencetown Beach about 25 minutes from the urban core, both surfers and swimmers head to the beautiful 1.5-kilometre stretch to enjoy some of the best waves in Nova Scotia. You can try your hand at surfing, body-surfing, wander to the canteen along the boardwalk, or cozy up with a blanket when it starts to get colder.

## VANCOUVER

### Kitsilano

Kitsilano Beach has long been a local favourite, as it provides a family-friendly setting to soak in the sun while enjoying picturesque views of the ocean and the mountains. Locally known as Kits Beach, it's on the north edge of the Kitsilano neighbourhood facing the Burrard Inlet. Expect lots of people when it's warmer.

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 **TRAVEL NOTES BEAUTY QUEENS, BEARS AND POT AND PETS**
**Miss America contestants not the only hopefulls in Atlantic City**

There they are: the 52 Miss America contestants, on the Atlantic City Boardwalk — and not a moment too soon for a city that could use a happy diversion. The hopefuls were welcomed to the seaside resort to kick off two weeks that will culminate in the crowning on Sept. 11. They arrived as the city faces yet another casino closing. "Miss America is just what this city needs right now," said Mayor Don Guardian. THE ASSOCIATED PRESS



MEL EVANS/THE ASSOCIATED PRESS

**Alaskans live among bears — both real and brightly coloured**

Alaska's largest city is home to more than 300 grizzly and black bears — and now more than a dozen multicoloured ones. Life-size statues painted by city artists for a public art installation called Bears on Parade are popping up as part of an effort to raise awareness that if you live in Anchorage, you live near bears.

THE ASSOCIATED PRESS



DAN JOLING/THE ASSOCIATED PRESS

**Pot plants on display at Oregon State Fair**

Living pot plants are on display at the Oregon State Fair and organizers say it marks a first for any state fair in the nation. The exhibit of nine marijuana plants is sponsored by the Oregon Cannabis Business Council and will run through Sept. 5 in Salem. Oregon State Fair spokesman Dan Cox says one of the fair's roles is to reflect to evolution of social and cultural values.

THE ASSOCIATED PRESS



GILLIAN FLACCUS/THE ASSOCIATED PRESS

**West FURginia Guide: Book lists pet-friendly attractions**

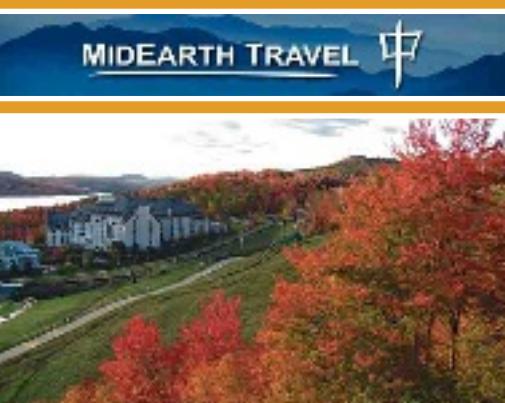
Dog lovers can get a guide of pet-friendly attractions in West Virginia. The free, 20-page booklet lists places to go and things to do while accompanied by pets on leashes. The state Division of Tourism released the "West FURginia Guide" last week.

The Charleston Gazette-Mail reports that among such available attractions are several restaurants and eateries, dog-friendly cabins at state parks, and sternwheeler cruises to Blennerhassett Island State Historical Park.

THE ASSOCIATED PRESS



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# metro SPORTS

San Francisco 49ers quarterback Colin Kaepernick says he has been wearing socks depicting police officers as pigs in protest of "rogue cops"



## Determining Price's status for World Cup

### HOCKEY

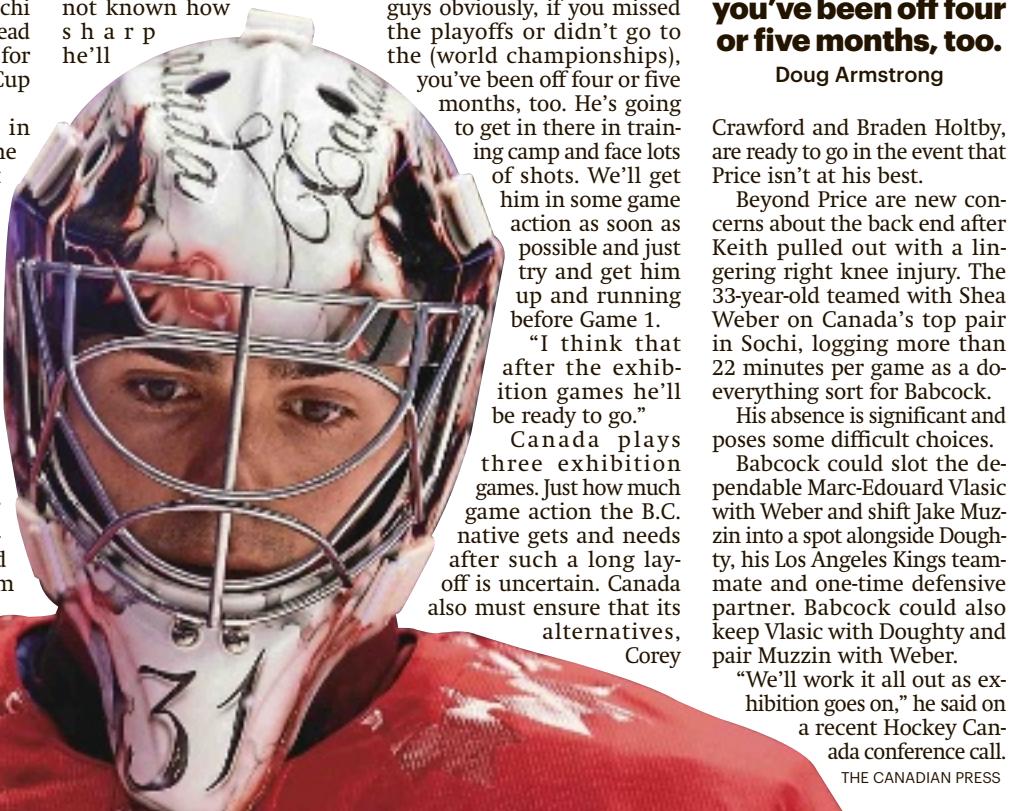
#### Thought is 'he'll be ready to go' after exhibition tilts

Mike Babcock had just three days to prepare his team for its first game at the 2014 Sochi Olympics. Team Canada's head coach won't be so pressed for time ahead of the World Cup of Hockey.

Training camp begins in Ottawa on Monday with the tournament starting almost two weeks later in Toronto on Sept. 17. That leaves plenty of opportunity for Babcock and his staff to evaluate starting goalie Carey Price, rejig a defence that will be without injured veteran Duncan Keith and craft line combinations from a wealth of talent.

"We're excited about the mix of our group and I know as a management staff and coaching staff we're excited to get to Ottawa and get up and running and I'm sure the players share that same

e x -



Carey Price  
GETTY IMAGES FILE

citement," Canada general manager Doug Armstrong said in an interview.

Price, the 2015 Vezina Trophy winner, is among the biggest question marks heading into camp.

While the 29-year-old is said to be at full strength following a knee injury that caused him to miss most of last season, it's not known how s h a r p he'll

be after nearly 10 months without game action. How quickly can he regain top form? And how long can Babcock and the Canadians wait to make that determination in a two-week tournament?

"Certainly, we understand he hasn't played in a competitive game for a long time," Armstrong said. "But a lot of guys obviously, if you missed the playoffs or didn't go to the (world championships), you've been off four or five months, too. He's going

to get in there in training camp and face lots of shots. We'll get him in some game action as soon as possible and just try and get him up and running before Game 1.

"I think that after the exhibition games he'll be ready to go."

Canada plays three exhibition games. Just how much game action the B.C. native gets and needs after such a long lay-off is uncertain. Canada also must ensure that its alternatives, Corey

Beckenbauer is a criminal suspect in a World Cup fraud case.

His absence is significant and poses some difficult choices.

Babcock could slot the dependable Marc-Edouard Vlasic with Weber and shift Jake Muzzin into a spot alongside Doughty, his Los Angeles Kings teammate and one-time defensive partner. Babcock could also keep Vlasic with Doughty and pair Muzzin with Weber.

"We'll work it all out as exhibition goes on," he said on a recent Hockey Canada conference call.

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**RECIPE** Ham and Cheese Muffins

PHOTO: MAYA VISNEY

**Ceri Marsh & Laura Keogh**  
For Metro Canada

These muffins are a portable, filling and yummy snack. Happy trails!

**Cook time:** 25 minutes  
Makes one dozen muffins

**Ingredients**

- 1/2 cup ham, chopped
- 1 cup cheddar, grated
- 1/2 cup green onions, finely sliced
- 2 cups flour
- 1 cup whole wheat flour
- 4 tsp baking powder
- 1 tsp salt
- a few good grinds of black pepper
- 1 cup milk
- 1/2 cup vegetable oil
- 1/2 cup plain Greek yogurt
- 2 eggs

**Directions**

1. Preheat the oven to 375 de-

gress. Prepare muffin tins or line with paper muffin cups.

**2.** In a large bowl, mix together the flour, whole wheat flour, salt and pepper and baking powder. Add the ham, cheese and green onions and toss until they are covered in the flour mixture and distributed evenly throughout it.

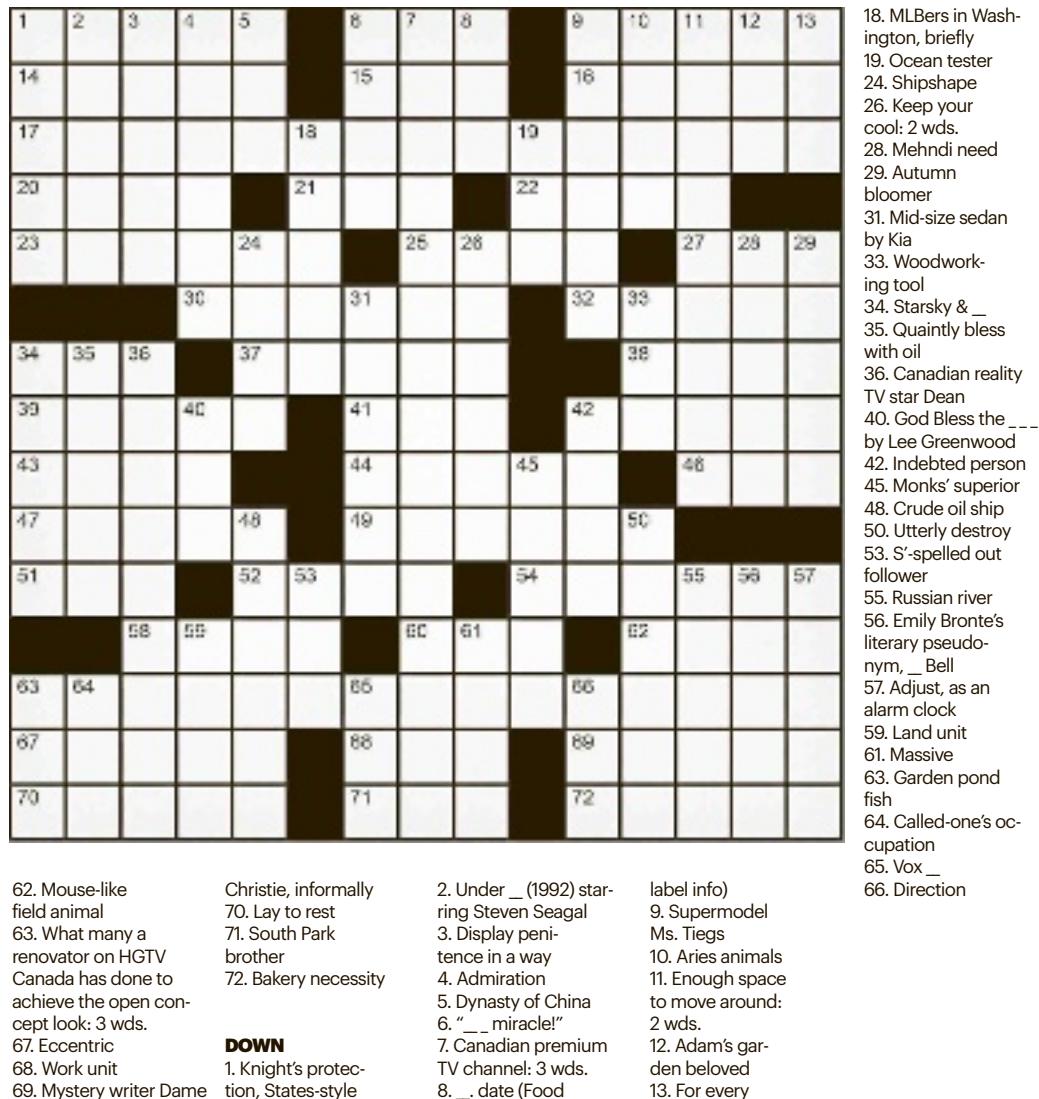
**3.** In another bowl, whisk together the milk, oil, yogurt and the eggs. Pour the wet mixture over the dry and stir until everything is completely combined — but don't over mix or your muffins will be tough.

**3.** Spoon the batter evenly into the muffin tins or muffin papers. Place your trays in the hot oven and bake for 20 to 25 minutes, until they are golden brown and a toothpick inserted into a muffin comes out clean.

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**CROSSWORD** Canada Across and Down

BY KELLY ANN BUCHANAN



62. Mouse-like field animal  
63. What many a renovator on HGTV Canada has done to achieve the open concept look: 3 wds.  
64. Damage  
65. Turf gripper on a specialty shoe  
66. MP = of Parliament  
67. "In \_\_\_ Shoes" (2005) starring Cameron Diaz  
68. Rat-\_\_\_  
69. Mystery writer Dame

Christie, informally  
70. Lay to rest  
71. South Park brother  
72. Bakery necessity  
73. Knight's protection, States-style

2. Under \_\_\_ (1992) starring Steven Seagal  
3. Display penitence in a way  
4. Admiration  
5. Dynasty of China  
6. "\_\_\_ miracle!"  
7. Canadian premium TV channel: 3 wds.  
8. \_\_\_ date (Food)

label info)  
9. Supermodel Ms. Tiegs  
10. Aries animals  
11. Enough space to move around: 2 wds.  
12. Adam's garden beloved  
13. For every

**CONCEPTIS SUDOKU** by Dave Green

Every row, column and box contains 1-9

2															8
	1	7	6												3
6															2
	2														1
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3															

**\* IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake**Aries** March 21 - April 20

Things are so much better at work today — huge difference! Work-related travel is likely. If you do travel, you will enjoy it.

**Taurus** April 21 - May 21

This is a wonderful, upbeat, playful day! Accept all invitations to party. Enjoy playful times with children. Movies, sports events and the arts will delight.

**Gemini** May 22 - June 21

Family discussions will be warm and friendly today. This is an excellent day to discuss home repairs or ways to expand your home.

**Cancer** June 22 - July 23

Today you experience the power of positive thinking. Your sense of optimism is strong, and you like what you see in the future. Yay!

**Leo** July 24 - Aug. 23

This is an excellent day for business and commerce. Trust your moneymaking ideas, because they could lead to increased profits now and in the future.

**Virgo** Aug. 24 - Sept. 23

You easily see the big picture today, which also makes you more tolerant of other people and their ideas. It will please you to learn something new about practically anything.

**Libra** Sept. 24 - Oct. 23

If you can kick back and relax today, you will enjoy it. It will be fun to dream up big ideas and make plans for the future. It's a great day to dream big.

**Scorpio** Oct. 24 - Nov. 22

Group activities and time spent with friends will be a plus for you today. Accept invitations to interact with others whether through classes, sports or conferences.

**Sagittarius** Nov. 23 - Dec. 21

Discussions with bosses and parents will be positive today, because people are in a generous, easygoing mood. Someone will listen to you; this person might even help you.

**Capricorn** Dec. 22 - Jan. 20

This is a great day to sign up for a course or make plans to get further education or training in an area that interests you.

**Aquarius** Jan. 21 - Feb. 19

This is an excellent day to decide how to divide something or deal with an inheritance, because people will be fair and generous..

**Pisces**

Feb. 20 - March 20  
Relations with close friends and partners are upbeat today. In fact, it's a good day to discuss business and commercial activity, because you will be quick to see advantages and opportunities.

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6	7	9	8	2	5	1	3	4
1	5	4	3	7	9	6	8	2
7	6	1	2	5	8	4	9	3
4	8	3	9	1	6	7	2	5
9	2	5	7	4	3	8	6	1
3	4	2	6	8	1	5	7	9
5	9	6	4	3	7	2	1	8
8	1	7	5	9	2	3	4	6

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